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## **Psychological and Pedagogical Conditions for Supporting the Positive I-Concept of Students in the Period of Transition to Freely Available and Russian Software**

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**Keywords:** adaptability; Information Technology; personality; professional adaptation; psychological and pedagogical difficulties; free and Russian software; paradigm shift in the IT field; digital techniques; I-concept.

**Abstract:** The psychological and pedagogical conditions for organizing the transition to free and Russian software are analyzed. A description is given of approaches to the development of special digital methods that form the basis of the designed flexible course, which contribute to the formation of students' competencies in the field of free and domestic software, support their positive self-concept and increase personal adaptability. The specified flexible course includes original interactive content, didactic games, tests for updating knowledge, adaptive and control tests.

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