

## **Characteristics of Disadaptive Conditions of University Students and Correction Possibilities**

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**Key words and phrases:** anti-stress reactions; disadaptive conditions; correction; physical health level.

**Abstract:** Functional possibilities of the organism and adaptive peculiarities of university first-year students are studied. Disadaptive conditions of university students related to the levels of students' physical health are characterized. The complex correctional work, which leads to the increase in the number of students with satisfactory adaptation and improvement of their psycho-emotional condition and performance, is done. Students with low level of physical health have higher activation reactions in comparison with quiet activation they had before the correction.